

## ***Rest in the Storm* Receives National Recognition**

VALLEY FORGE, Pa. (ABNS 04-02-09) — “Rest in the Storm: Self-Care Strategies for Clergy and Other Caregivers” by Kirk Byron Jones is one of only 40 books and films recently selected by Sojourners magazine as the “Best Resources for Social Change.” The Sojourners list includes the works of historic and contemporary luminaries, including Sojourner Truth, Henri Nouwen, Steven Spielberg, and Martin Luther King Jr.

Jones’ book, published in 2001 by Judson Press, was one of the first books to address the issue of emotional burnout among caregivers. Since its publication, it has sold more than 15,000 copies and has become a standard text in many seminaries and universities around the country.

Of the honor, Jones stated, “I am humbled and honored by Sojourners placing ‘Rest in the Storm’ on the same shelf with works by authors and leaders I have admired my entire life. This acknowledgement by a periodical with its own amazing history of being a catalyst for social change takes my breath away and inspires me to no end.”

A former pastor for 20 years, Jones currently teaches social ethics and preaching at Andover Newton Theological School, Newton Centre, Mass., and conducts self-care and spiritual empowerment seminars around the country. In addition to “Rest in the Storm,” Jones is the author of several other books, including “Addicted to Hurry: Spiritual Strategies for Slowing Down,” “The Jazz of Preaching: How to Preach with Great Freedom and Joy,” “Morning B.R.E.W.: A Divine Power Drink for Your Soul,” and “Holy Play: The Joyful Adventure of Unleashing Your Divine Purpose.”

Founded in 1824, Judson Press publishes Christ-centered leadership resources for the transformation of persons, congregations, communities, and cultures. In 2009, Judson celebrates its 185th year of Christian publishing. Judson Press books can be ordered by calling 800-458-3766 or visiting [www.judsonpress.com](http://www.judsonpress.com).

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