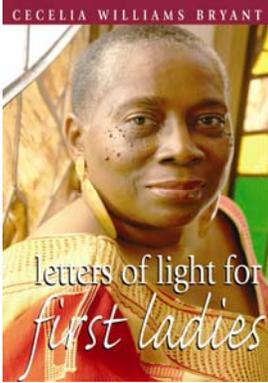


## New Book Mentors First Ladies of the Church



Valley Forge, PA — While the life of a first lady can be filled with many highs—esteem, prestige, recognition—first ladies also experience the lowest of lows— isolation, vulnerability, emptiness. As First Lady Denise Brown Hunter explains, “*The journey of a first lady is often a journey into uncharted, undocumented, and previously unknown territory.*”

In *Letters of Light for First Ladies*, the esteemed Rev. Dr. Cecilia Williams Bryant has compiled a collection of letters that mentor other first ladies of the church—letters rich in comfort, encouragement, and challenge. Written in the tradition of Paul’s pastoral epistles and crafted in her own warm poetic voice, this practical and inspirational resource offers self-help with spiritual depth and honest practicality.

In her letters, she recommends classic spiritual disciplines to sustain first ladies as they face a variety of challenges, including:

- church conflict
- financial stress
- self-esteem
- discouragement
- death of a pastoral spouse
- adultery
- advice for the man who is the “pastor’s spouse”

A unique resource for a unique calling, Rev. C helps pastor’s wives become “more than we think we are.”

**About the Author:** Cecelia Williams Bryant is recognized worldwide for her ministries to women and children. She has established schools for children and resource and development centers for women in both the United States and Africa. Dr. Bryant is the author of several books and was a contributor to *Those Preaching Women, Volume 4* from Judson Press.

Rev. C is the wife of the Right Reverend John Richard Bryant, the 106th Consecrated Bishop of the African Methodist Episcopal Church, and the mother of Rev. Dr. Jamal-Harrison Bryant and Dr. Thema Simone Bryant-Davis.

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