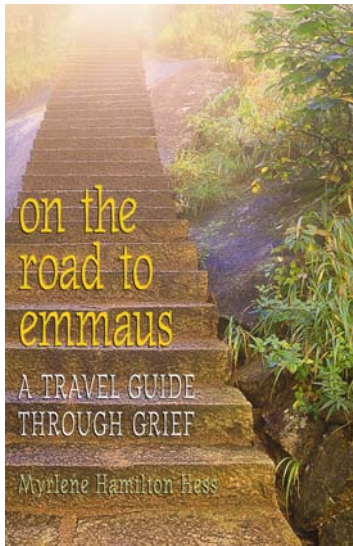


New Approach to Grief Recovery Offers Personal Transformation



Valley Forge, PA—In *On the Road to Emmaus: A Travel Guide through Grief*, author and pastor Myrlene Hamilton Hess challenges those who mourn to intentionally embrace their grief and to be transformed in the process. In a departure from traditional approaches to grief recovery, Hamilton Hess asks readers to join her in what she considers an experience to be embraced rather than avoided or simply survived. She relates the biblical metaphor of the encounter between the risen Jesus and the grieving disciples on the Emmaus Road and shares observations drawn from her own experiences and from the experiences of others.

In the book's foreword, William Griffith, author of *More than a Parting Prayer: Lessons in Care-giving for the Dying*, writes, "*On the Road to Emmaus* is a resource that enables the Christian reader to travel the often lonely and winding road through grief with faith-filled confidence."

In addition to the author's relatable stories, readers will be guided by chapter questions for personal reflection and small group study. A free online leader's guide will aid pastoral counselors and church leaders in facilitating grief support groups.

About the Author: Myrlene Hamilton Hess, MDiv, DMin, is the author of four Judson Press books, including *Turning Points: Moments of Grace*, *Steps Toward Wholeness* and *All I Need to Know About Ministry I Learned From Fly Fishing*. She is the pastor of Morning Star Presbyterian Church in Bayville, NJ, which she co-founded with her late husband, the Rev. Dr. Edward S. Hamilton. Rev. Hamilton Hess married Eric W. Hess in 2006. They make their home together with their Labrador retriever, Amazing Grace, in Bayville, NJ.

Format: Trade Paper
ISBN: 978-0-8170-1533-6
Category: Grief Recovery

Size: 5.5" x 8.5"
Pages: 160
Price: \$15.00

Pub Date: September 2008
Distribution: Spring Arbor/Ingram Book Co.
Anchor Distributors, STL Distribution, Inc., Baker & Taylor

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