

# Contents

|                                                              |            |
|--------------------------------------------------------------|------------|
| Preface . . . . .                                            | vii        |
| <i>Chapter 1</i> . . . . .                                   | <i>1</i>   |
| The Challenge of Teaching and What You Bring to It           |            |
| <i>Chapter 2</i> . . . . .                                   | <i>15</i>  |
| Sorting Out the Pieces of the Teaching Puzzle                |            |
| <i>Chapter 3</i> . . . . .                                   | <i>43</i>  |
| The Teacher's Dozen:<br>Planning a Session in Thirteen Steps |            |
| <i>Chapter 4</i> . . . . .                                   | <i>60</i>  |
| Teaching Activities                                          |            |
| <i>Chapter 5</i> . . . . .                                   | <i>87</i>  |
| Some Important Questions                                     |            |
| Leader's Guide . . . . .                                     | <i>105</i> |